

# Books for Grief

## Parents

*The Grieving Teen : A Guide for Teenagers and Their Friends* by Helen Fitzgerald

*Guiding Your Child through Grief* by James P. Emswiler & Mary Ann Emswiler

*Helping Children Cope with the Loss of a Loved One: A Guide for Grownups* by William C. Kroen

*Helping Teens Work Through Grief (Second Edition)* by Mary Kelly Perschy

## Teens

*Coloring the Shades of Grief and Healing: A Teen/Young Adult Coloring Book to Help Heal Through Grief* by Lyn Ragan & Dorothy Pigue

*Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart Series)* by Alan D. Wolfelt, PhD

*Healing Your Grieving Heart Journal for Teens (Healing Your Grieving Heart Series)* by Alan D. Wolfelt, PhD

*I Will Remember You: What to Do When Someone You Love Dies - A Guidebook Through Grief for Teens* by Laura Dower & Elena Lister

*Teen Grief Relief* by Gloria Horsley

*When Will I Stop Hurting?: Teens, Loss, and Grief (It Happened to Me) (No. 8)* by Edward Myers

*You Are Not Alone: Teens Talk About Life After The Loss of a Parent* by Lynn B. Hughes

## 8-12 Year Olds

*Tear Soup: A Recipe for Healing After Loss* by Pat Schwiebert & Chuck DeKlyen

## 6-10 Year Olds

*The Saddest Time* by Norma Simon

## 4 Years & Older

*I Miss You: A First Look at Death* by Pat Thomas

*The Invisible String* by Patrice Karst

*Lifetimes: The Beautiful Way to Explain Death to Children* by Bryan Mellonie & Robert Ingpen

*Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss (Elf-Help Books for Kids)* by Michaelene Mundy

*The Next Place* by Warren Hanson

*The Fall of Freddie the Leaf* by Leo Buscaglia